

Abbey Girvan

Introduction

About Me

As a 22-year-old west coast girl born and raised I tend to lean very leftist in my thoughts and values. I've tried to expand my worldview and understanding of others as best I can from home. I love the prospect of getting to experience new ways of living and different cultural norms in Spain.

I love to explore but usually much closer to home. I've been back-country camping up and down Vancouver Island the last few years and it's been amazing getting to know our beautiful backyard better. My travelling has never taken me outside North America before, so this is an amazing opportunity for me.

(from my trip to Landslide Lake last summer) -->



Travel Abroad

Travelling to a country where English isn't the dominant language is both exciting and a bit nerve wracking for me. Languages have never been my strong suit, but I've done my best to pick up some Spanish the past few months in preparation for this trip. I'm hoping that being in Spain will help broaden my understanding of the language. I'm very excited to experience a different social culture and way of working and studying while in Spain. Europe's culture is supposed to be very different regarding working as compared to Canada and the USA, I think it's going to challenge my current knowledge and understanding of "how things are".

(From my 2019 trip to Maui) -->



Books, Books, and More Books

Books are my loves and my safe space. These are some of my favourites



Family Game Time

One of the ways my family likes to spend time together is through card and or board games.



The Mud Boots

My favourite way to get active is to get outside. Hiking, camping, biking all of it brings me a sense of calm.

